

ONE DAY AT A TIME

Performed by Kris Kristoffersen in 1974

Key: F & G

Start Note: A

Time: ¾

Strum: D_ du du

Intro: F // C7 // F↓

F C7
I'm only human, I'm just a woman
F
Help me believe in what I could be and all that I am
F7 Bb
Show me the stairway. . . I have to climb
F C7 F F7
Lord for my sake help me to take one day at a time

CHORUS:

Bb F
One day at a time, sweet Jesus. . . that's all I'm asking of you
C7 F F7
Just give me the strength, to do every day, what I have to do
Bb F
Yesterday's gone, sweet Jesus . . . and tomorrow may never be mine
C7 F F G G
Lord help me today . . . show me the way, one day at a time

D7
Do you remember, when you walked among men
G
Well Jesus you know, if you're looking below, it's worse now than then
G7 C
Cheating and stealing, violence and crime
G D7 G G7
So for my sake, teach me to take, one day at a time

CHORUS:

C G
One day at a time, sweet Jesus. . . that's all I'm asking of you
D7 G G7
Just give me the strength to do every day, what I have to do
C G
Yesterday's gone, sweet Jesus. . . and tomorrow may never be mine
D7 G
Lord help me today . . . show me the way, one day at a time

D7 C G G arpeggio
Outro: *Lord help me today . . . show me the way, one day at a time*